

Session 2017-18

Life Skills

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY, BATHINDA

Yoga and Meditation Workshop

Date: 13th September, 2017

Venue: Seminar Hall

Resource Person: Yogi Gurpreet Singh, Instructor GK Academy, Gidderbaha

Event Coordinator: Mr. Parkash Singh, DPE, BFCET

Number of Students Participated: 79



Yoga and Meditation Workshop on date 13th September, 2017

Drug Abuse Awareness and Prevention workshop

Date: 20th September, 2017

Venue: Seminar Hall

Resource Person: Mr. Manish Bansal, Vice Principal, BFC.

Event Coordinator: Er. Amandeep Singh, DSW, BFCET

Number of Students Participated: 188



Drug Abuse Awareness and Prevention workshop on date 20th

September, 2017

Stress Management Workshop

Date: 29th September, 2017

Venue: Workshop Hall

Resource Person: Mr. B.D. Sharma, Deputy Director Career Guidance and Counselling

Event Coordinator: Er.Amandeep Singh, DSW, BFCET

Number of Students Participated: 220



Stress Management Workshop on date 29th September, 2017

First Aid Awareness Workshop

Date: 6th October, 2017

Venue: Mini seminar Hall

Resource Person: Mr. Naresh Pathania, Training Officer, Red Cross Society

Event Coordinator: Mr. Parkash Singh, DPE, BFCET

Number of Students Participated: 91



First Aid Awareness on date 6th October, 2017

Self-Awareness Workshop

Date: 05th October, 2017

Venue: Seminar Hall

Resource Person: Shri BD Sharma, Deputy Director Career Guidance & Counselling

Event coordinator: Mr. Amandeep Singh, DSW, BFCET

Number of students participated: 125



Self-Awareness Workshop on date 05th October, 2017

Health and Hygiene Workshop

Date: 13th October, 2017

Venue: Seminar Hall

Resource Person: Dr. Amit Grover, Gynecologist, Max Hospital

Event coordinator: Er. Jyoti Bansal, Dean Academics, BFCET

Number of students participated: 150



Health and Hygiene Workshop on date 13th October, 2017