

Session 2020-21

Life Skills

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY, BATHINDA

Turn Into Safe Healthcare: Webinar on Stress Management Tips

Date: 10-07-2020

Time: 11:00 am

Resource Person: Dr. Tanu Preet Kaur

Event Coordinator: Dr Nimisha, Assistant Professor, BFCET

Number of students participated: 107

**BABA FARID COLLEGE
OF ENGINEERING & TECHNOLOGY**
Muktsar Road, Bathinda, Punjab (India)

Women Development Cell
Organizes

WEBINAR
on

STRESS MANAGEMENT TIPS

Moderator

Dr. Nimisha Singh
Assistant Professor
Department of CSE

Join Webinar on
 **Microsoft Teams**

PANELIST

Dr. Tanupreet Kaur
Consultant Psychiatrist
Khurana Hospital, Bathinda

**BABA FARID
GROUP OF INSTITUTIONS**
Bathinda, Punjab (India)

#StayHome #StaySafe

Webinar on Stress Management Tips held on 10-07-2020

EMOTIONAL INTELLIGENCE IS A CHALLENGE OR OPPORTUNITY FOR WOMEN EMPOWERMENT

Date of the Event:- 15th July 2020

Event Coordinator:- Dr Nimisha Singh, BFCET

Title of the Event: 21st Century: Emotional intelligence is a challenge or opportunity for women empowerment

Mode of Conduct: Microsoft Teams

No. of Participants:47

Name of the Expert with Designation: Mrs Akansha Saxena, a counsellor, motivation speaker and English trainer in Basic Education department, in UTTAR PRADESH



Expert talk on Emotional Intelligence held on 15th July 2020

Press Esc to exit full screen

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY

Muksar Road, Bathinda, Punjab (India)

Women Development Cell

Organized

NATIONAL WEBINAR

on

**EMOTIONAL INTELLIGENCE IS A CHALLENGE OR
OPPORTUNITY FOR WOMEN EMPOWERMENT**



Join Webinar on
Microsoft Teams



E-Certificate will be provided after successfully attending the entire Webinar

PANELIST



Akansha Saxena

English trainer in Basic education department
Motivation speaker and counsellor

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Bathinda, Punjab (India)

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Expert talk on Emotional Intelligence held on 15th July 2020

Polycystic ovarian disease (PCOD)

Date: 17 July 2020

Resource Person: Dr. Ritu Garg (Gynaecologist)

Event Coordinator: -Dr. Nimisha Singh, coordinator women development cell.

The poster is for a webinar on Polycystic Ovarian Disease (PCOD). It features the logos of BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY and MAX HEALTHCARE at the top. The main title is 'A Webinar on Poly Cystic Ovarian Disease (PCOD)'. Below this, it says 'Women Development Cell invites you to attend the webinar led by'. A photo of Dr. Ritu Garg is shown next to her name and title: 'Dr. Ritu Garg, Consultant (Gynecology), Max Super Speciality Hospital, Bathinda'. The date and time are 'Friday, 17th July 2020 at 11:00 am'. The joining link is 'https://bit.ly/3ez3JyF' on Microsoft Teams. The BABA FARID GROUP OF INSTITUTIONS logo is at the bottom, along with the slogan 'Stay Safe, Stay Vigilant and Don't Panic!'.

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY
Muktsar Road, Bathinda, Punjab (India)

MAX HEALTHCARE

A Webinar on Poly Cystic Ovarian Disease (PCOD)

Women Development Cell invites you to attend the webinar led by



Dr. Ritu Garg
Consultant (Gynecology)
Max Super Speciality Hospital, Bathinda

Friday, 17th July 2020 at 11:00 am
Webinar Joining Link
<https://bit.ly/3ez3JyF>
on
Microsoft Teams

BABA FARID GROUP OF INSTITUTIONS
Bathinda, Punjab (India)

Stay Safe, Stay Vigilant and Don't Panic !

Seminar on Polycystic ovarian disease (PCOD) held on 17 July 2020

WEBINAR REPORT

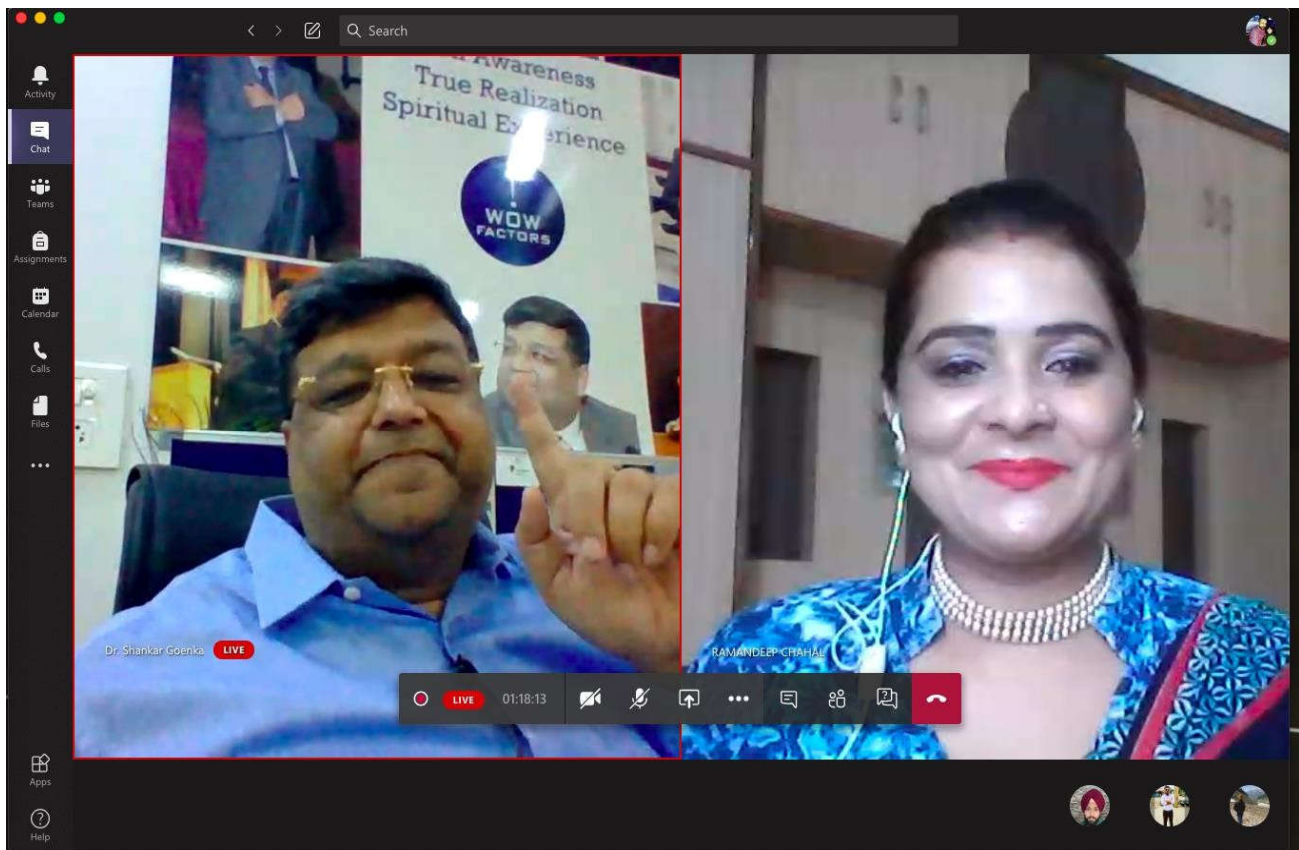
Name of the Webinar:- Importance Of Human Values & Professional Ethics

Date of the Webinar:- July 23, 2020

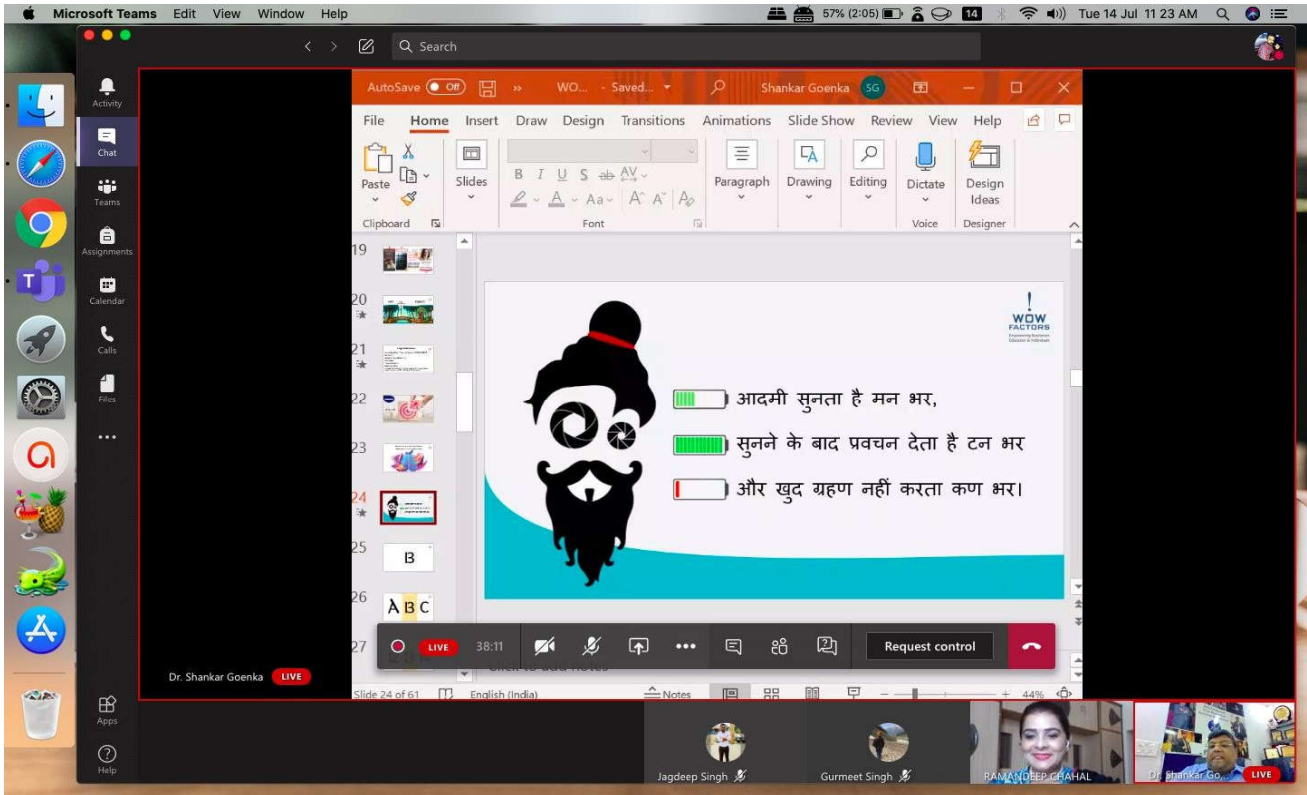
Organized By: NSS/NCC Unit & Department of Social Welfare, BFCET

No. of Participants: 110

Resource Person: Dr. Shankar Goenka (Renowned Author, Coach, TEDx Speaker & Certified Master Trainer)



Importance Of Human Values & Professional Ethics held on July 23, 2020



Importance Of Human Values & Professional Ethics held on July 23, 2020

षाषा ढर्रीद कालस आढ इँजनीनीअरिंग अँड टैकनॉलॉजी ने 'मनुषी कदरां कीमतां अउे पेस्रेवर नैतिकता दी सहुँतता' षारे इँक रास्रटरी वैषीनार कदवाएआ

षठिंडा, 22 जुलाएी (अ.न.स.)-साडीआं कदरां कीमतां महुँतवपूरन हन किँकिँ इँग साडी विकास अउे ढविँध नुँ षटाँउे विँच साडी सहाइता करदीआं हन। जदों असीं ढूसले लैट लदी आपटीआं कदरां-कीमतां दी वरतों करदे हां तां असीं इँस गॉल ते षास षिआन केंदरिड करदे हां कि साडी लदी की महुँतवपूरन हे। साडीआं कदरां-कीमतां साडी विकास, षसदां अउे कायसां षारे दँसदीआं हन। इँक विँदआरषी नुँ सकारतमिक रवँदीए नुँ रँधन करन दी सुरुवर हुँदी हे किँकिँ इँग उँस लदी सिखलाएी दे षिउतर मेके पँसा करन विँच मसद करदा हे। षाषा ढर्रीद कालस आढ इँजनीनीअरिंग अँड टैकनॉलॉजी, षठिंडा दे नैतिक अउे पृढावसाली कारपरेट लीडर पँसा करन दे दिस्रटीकेंट नुँ षिआन विँच रँध के कालस दे अँन अँस अँस./अँन सी.सी. यूनिट अउे सँसल वॉलवैअर विडारग वॉल 'मनुषी कदरां कीमतां अउे पेस्रेवर



नैतिकता दी महुँतता' षारे इँक रास्रटरी सैमीनार सफलतापूरवक कदवाएआ गिआ। इँस वैषीनार विँच पुरिँप लेखक, केंच, टी.एी.डी.अैक्स बुलारे अउे पृमाटिड मासटर टरेनर ड़ा. सँकर गेंदिनका ने मूँध बुलारे वसँ सिरकत कीती। षाषा ढर्रीद कालस आढ इँजनीनीअरिंग अँड टैकनॉलॉजी दे 121 विँदआरषीआं अउे ढैकलटी मेस्ररां तें इँलावा 22 राजां दे 280 तें वँध हास्ररीन ने इँस वैषीनार विँच माएीकरेसाढट टीमस रागीं स्रुलीअत कीती। ड़ा. गेंदिनका ने विँदआरषीआं

नुँ जीवन दे टीचे अउे सिषांतां नुँ निरपारिड करन अउे उँनुं टीचिआं नुँ पृापड करन लदी सषड मिहनत करन लदी पुरिँआ। सकारतमिक रवँदीआ इँक विँअकती नुँ कदी वंगं नाल सहाइता कर सकदा हे। इँग इँक विँअकती नुँ विँसवास वॉल ले जांदा हे अउे जिंदगी विँच चंगीआं चीजां दी ड़ाल विँच सहाइता करदा हे। इँग इँक नवीन दिस्रटीकेंट लिआँउेदा हे जे विँसव दे सारे अँतरां नुँ तिआर कर सकदा हे। उँस ने जेरे दे के किवा कि सकारतमिक सेंच दी सहाइता नाल

इँक विँदआरषीआपटीआं सभरँषावां दी पडचल करन दे षेग हुँदा हे अउे उँस दा इँग रवँदीआ उँस दे साषीआं नुँ वी उँतस्रगिड करदा हे। वैषीनार दे दँरान उँनुं ने कारपरेट अउे अकादमिक संसार विँच केमकाजी जीवन, रेस्राना जीवन अउे संसषा विँच अषिआतमिकता नाल जुडे नैतिक मुँदिआं अउे दुचिँतीआं षारे विँचार वटांदरा कीता। अँत विँच उँनुं ने वँध-वँध हास्ररीन वॉल पुरँढे गदे पृसनां दे जवाष वी दिँते। इँस वैषीनार दी संचालक इँज. रमनदीप चागल (सहाइक पुरँस्र, कँप्युटर साइंस अँड इँजनीनीअरिंग) ने सभरँ वैषीनार दा संचालन षास्रुषी कीता। षी.अैड.जी.आएी. दे चेअरमेन ड़ा. गुरमीत सिँध पालीवाल अउे कालस दे पुरँसीपल ड़ा. मनीष गेंदिन ने अँन अँस अँस./अँन सी.सी. यूनिट अउे सँसल वॉलवैअर विडारग दे इँस उँपलाले दी ड़रपूर सलाषा कीती।

Webinar on Eye Care

Date: 24th July, 2020

Resource Person: Dr. Kashish Gupta

Event Coordinator: Er.Navjot Singh, Coordinator NSS/NCC Unit, BFCET

Number of Students Participated: 90

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY
Muktsar Road, Bathinda, Punjab (India)

MAX HEALTHCARE

A WEBINAR ON EYE CARE

NSS/NCC Unit & Department of Social Welfare invites you to attend the webinar led by

Dr. Kashish Gupta
MD-Ophthalmology
Max Super Speciality Hospital
Bathinda

Friday, 24th July 2020 at 11:00 am

You can join the Meeting

CLICK HERE

<https://bit.ly/3fL5U3L>

on Microsoft Teams

BABA FARID GROUP OF INSTITUTIONS
Muktsar Road, Bathinda, Punjab (India)

Stay Safe, Stay Vigilant and Don't Panic !

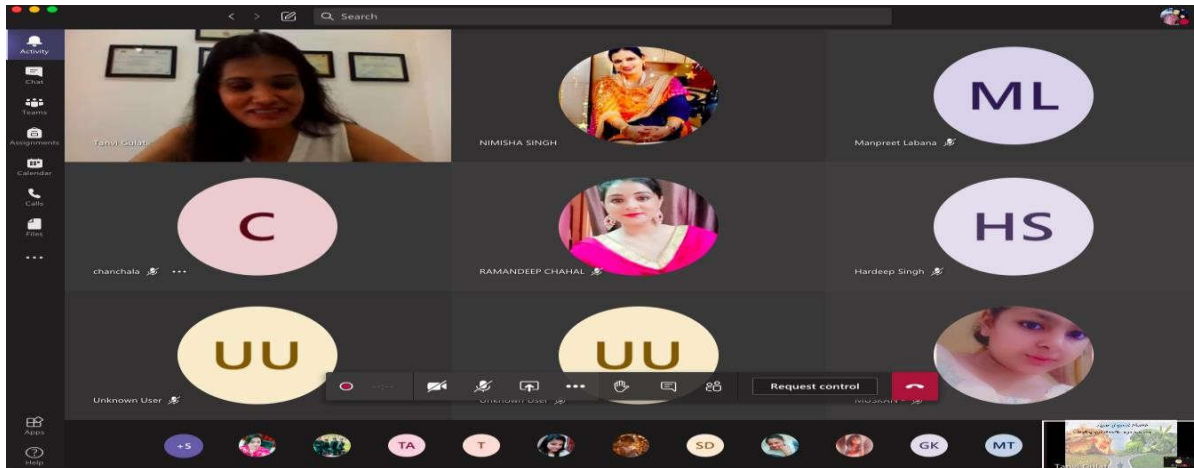
Webinar on Eye Care **held on** 24th July, 2020

REPORT ON Role of balanced Nutrition in Women life

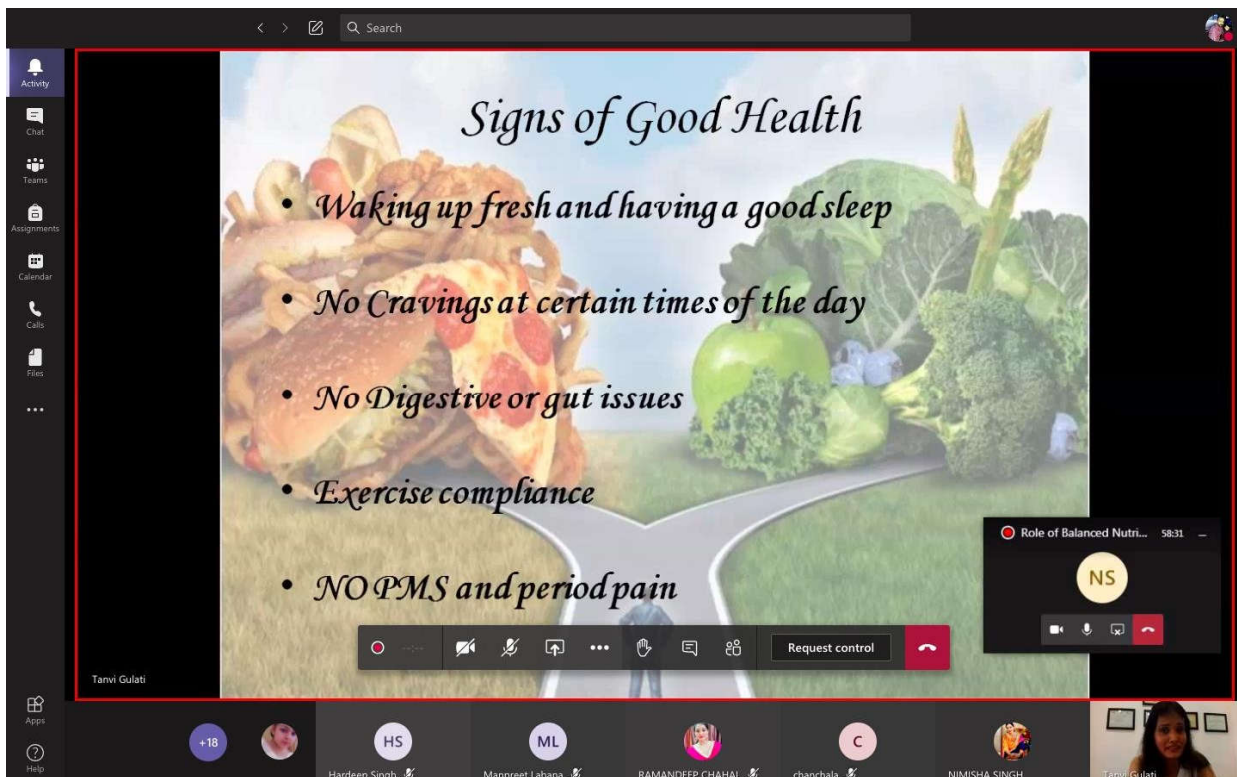
Date: 7 Aug 2020

Resource Person: Dr. Tanvi Gulati

Event Coordinator: -Dr. Nimisha Singh, Co-ordinator Women Development Cell.



Participants in Webinar



Role of balanced Nutrition in Women life held on 7 Aug 2020

Webinar on Zumba for life: Your way to health and fitness

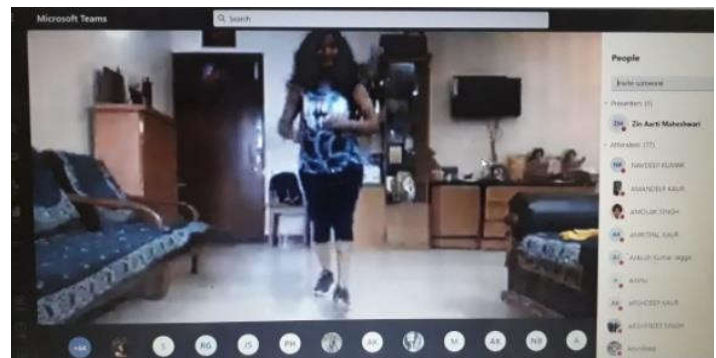
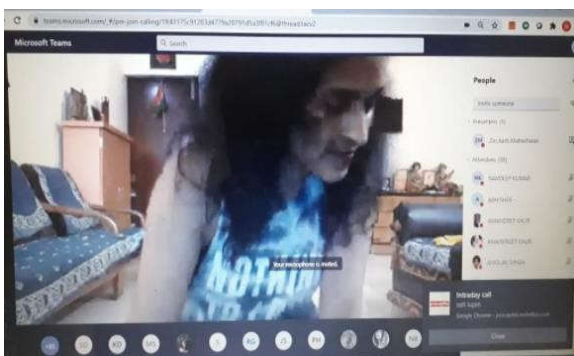
Date of Webinar: 19th October, 2020

Course: B. Tech (CSE, CE, ME, EE)

No. of Students participated: 74

Name of Resource Person: ZIN Aarti Maheshwari, Fit India Ambassador, Skill India Certified, Fitness Trainer, International Zumba and Aqua Zumba, Kid Zumba Instructor

The poster is for a webinar titled "ZUMBA FOR LIFE: YOUR WAY TO HEALTH & FITNESS" organized by BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY. It features a panelist, ZIN Aarti Maheshwari, who is a Fit India Ambassador, Skill India Certified Fitness Trainer, International Zumba, Aqua Zumba, and Kid Zumba Instructor. The webinar is to be held on 19th October, 2020, from 10:00am to 11:00am via Microsoft Teams. Contact information and hashtags (#StayHome #StaySafe) are provided at the bottom.



Webinar on Zumba for life: Your way to health and fitness held on 19th October, 2020



Webinar on Zumba for life: Your way to health and fitness held on 19th October, 2020

Report on Lifestyle with Yoga as Regular Habit

Date of Event: 17th November 2020

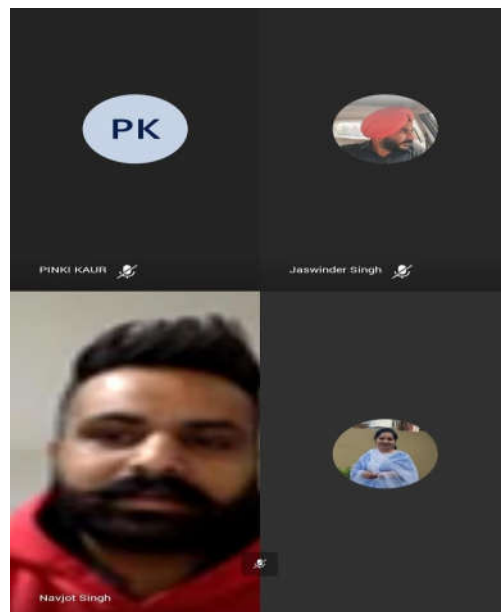
Name of Faculty Accompanying: Er. Sunil Nagpal and Er. Navjot Singh

Name of Contact Person in Industry: Dr. Jaswinder Singh

Number of students participated: 60

Department: Department of Computer Science Engineering, CE, ME, EE

Place of Event: Online (Through MS Teams)



Photograph of the Lifestyle with Yoga as Regular Habit on 17th November 2020

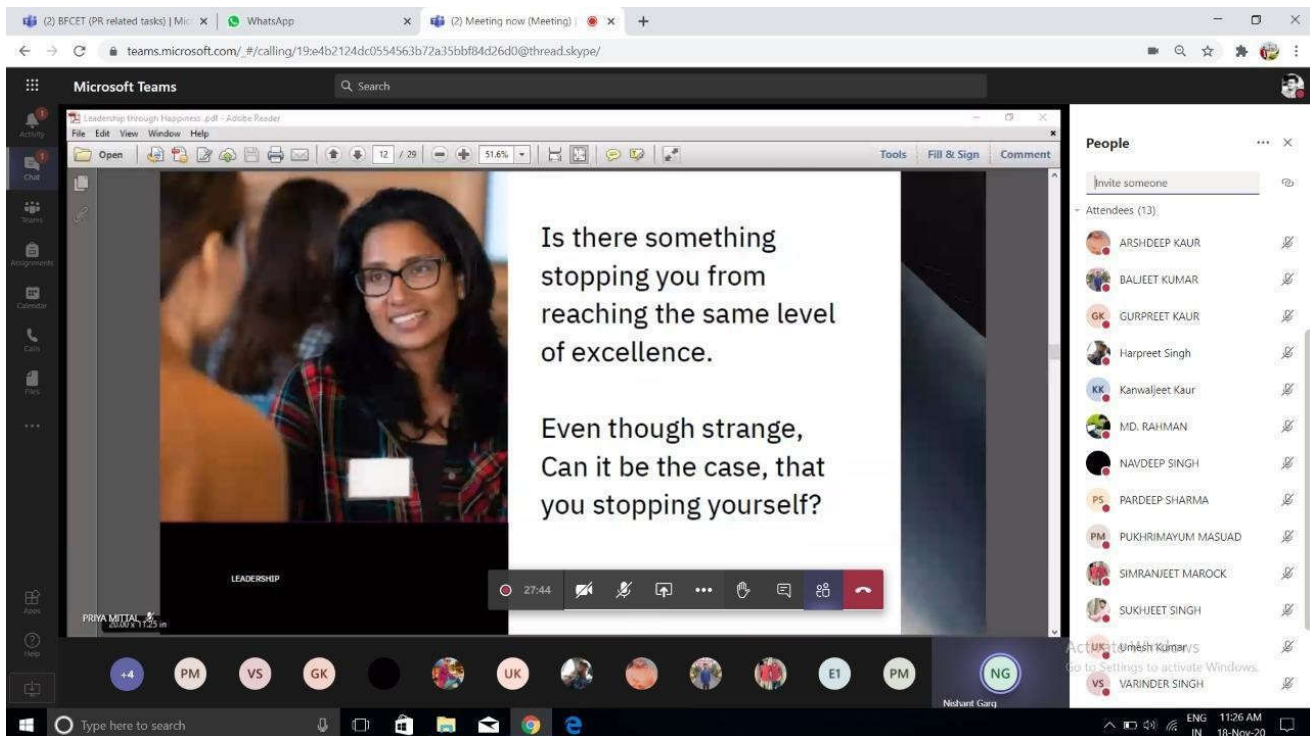
Session 2020-21
Report on
‘Leadership through happiness’ Today matters: The master plan of your life through ~Design thinking

Date of Webinar: 18th November, 2020

Program: Civil Engineering

No. of Students participated: 30

Name of Resource Person: Nishant Garg, Founder Emotional Intelligence (online website), IIM-L Scholar, Mythology storyteller



‘Leadership through happiness’ Today matters: The master plan of your life through ~Design thinking on 18th November, 2020



'Leadership through happiness' Today matters: The master plan of your life through ~Design thinking on 18th November, 2020

Report on Webinar on "Health And Nutrition"

Date of Webinar: 25th November, 2020

Mode: Online (Microsoft Teams)

No. of Students participated: 50

Name of Resource Person: Mr. Mahinder Singh Shanty, Certified Coach, Diet & Fitness Consultant.

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY
Muktsar Road, Bathinda, Punjab (India)
Department of Electrical Engineering
ELECTRO INFINITY Club & NECESS Club

Organized
WEBINAR
on
HEALTH AND NUTRITION

Date: 25th November, 2020
Time: 12:30 PM onwards

Join on
Microsoft Teams

Panelist:
Mr. Mahinder Singh Shanty
Certified Coach, Diet & Fitness Consultant

For more Information Contact - 9501115491, 435

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BABA FARID GROUP OF INSTITUTIONS
Bathinda, Punjab (India)



Webinar on Health And Nutrition on 25th November, 2020